

# ICTQual AB

## Qualification Specification



### Level 3 Diploma in Epilation



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# ICTQual AB

## Level 3 Diploma in Epilation

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# Qualification Specifications about

## ICTQual Level 3 Diploma in Epilation

### About ICTQual AB

ICTQual AB UK Ltd. is a distinguished awarding body based in the United Kingdom, dedicated to fostering excellence in education, training, and skills development. Committed to global standards, ICTQual AB provides internationally recognized qualifications that empower individuals and organizations to thrive in an increasingly competitive world. Their offerings span diverse industries, including technical fields, health and safety, management, and more, ensuring relevance and adaptability to modern workforce needs.

The organization prides itself on delivering high-quality educational solutions through a network of Approved Training Centres worldwide. Their robust curriculum and innovative teaching methodologies are designed to equip learners with practical knowledge and skills for personal and professional growth. With a mission to inspire lifelong learning and drive positive change, ICTQual AB continuously evolves its programs to stay ahead of industry trends and technological advancements.

ICTQual AB's vision is to set benchmarks for educational excellence while promoting inclusivity and integrity. Their unwavering focus on quality and accessibility makes them a trusted partner in shaping future-ready professionals and advancing societal progress globally.

### Course Overview

The ICTQual Level 3 Diploma in Epilation is a specialized qualification designed for individuals looking to develop professional skills in the field of hair removal through epilation techniques. This comprehensive course provides in-depth knowledge and practical experience in using various epilation methods, including electrolysis and advanced hair removal technologies. Learners will gain an understanding of anatomy and physiology, along with the ability to assess client needs, carry out safe and effective treatments, and ensure optimal results. The qualification covers essential topics such as infection control, client consultation, and aftercare, making it ideal for those aiming to offer expert epilation services within the beauty and aesthetics industry.

Throughout the course, students will develop the confidence and competence to work with diverse clients and skin types, offering personalized treatments that meet industry standards. By the end of the program, graduates will be equipped with the necessary skills to perform professional epilation procedures safely and effectively, while adhering to health and safety protocols. This qualification is ideal for those who wish to pursue a rewarding career as an epilation specialist or expand their existing skill set within the beauty and aesthetics sector. With practical, hands-on training and expert guidance, learners will be prepared to enter the industry and provide high-quality services to clients.

## Certification Framework

<b>Qualification title</b>	<b>ICTQual Level 3 Diploma in Epilation</b>
<b>Course ID</b>	ITE0002
<b>Qualification Credits</b>	38 Credits
<b>Course Duration</b>	2-4 Months
<b>Grading Type</b>	Pass / Fail
<b>Competency Evaluation</b>	Coursework / Assignments / Verifiable Experience
<b>Assessment</b>	The assessment and verification process for ICTQual qualifications involves two key stages:

### Internal Assessment and Verification:

- ✓ Conducted by the staff at the Approved Training Centre (ATC). Ensures learners meet the required standards through continuous assessments.
- ✓ Internal quality assurance (IQA) is carried out by the centre's IQA staff to validate the assessment processes.

### External Quality Assurance:

- ✓ Managed by ICTQual AB verifiers, who periodically review the centre's assessment and IQA processes.
- ✓ Verifies that assessments are conducted to the required standards and ensures consistency across centres

## Entry Requirements

To enroll in the Level 3 Diploma in Epilation, candidates must meet the following entry requirements:

- ✓ **Age Requirement:** Applicants must be at least 18 years old.
- ✓ **Prior Qualifications:** It is recommended that candidates have a Level 2 qualification in Beauty Therapy or a similar relevant qualification. If you do not hold this qualification, you may need to complete a Level 2 course before enrolling.
- ✓ **Experience:** While prior experience in the beauty industry is not mandatory, it is beneficial. Practical experience in related beauty services will help you better grasp the course material.
- ✓ **English Language Proficiency:** Applicants should have a good understanding of English, as the course involves theoretical knowledge and practical assessments in English.
- ✓ **Health and Safety Awareness:** Basic knowledge of health and safety procedures in the workplace is essential to ensure a safe learning environment.
- ✓ **Commitment to Practical Training:** Since this course includes hands-on practical training, candidates must be committed to attending practical sessions and applying learned techniques in a professional setting.

Qualifications Structure

This qualification comprises 4 mandatory units, totaling 38 credits. Candidates must successfully complete all mandatory units to achieve the qualification.

Mandatory Units		
Unit Ref#	Unit Title	Credits
ITE0002 - 1	Detailed Study of Anatomy, Physiology, and Pathology	10
ITE0002 - 2	Advanced Implementation of Health, Safety, and Hygiene Protocols	10
ITE0002 - 3	Thorough Client Consultation and Tailored Profiling	10
ITE0002 - 4	Epilation Techniques for Precision and Comfort	10

## Centre Requirements

Even if a centre is already registered with ICTQual AB, it must meet specific requirements to deliver the ICTQual Level 3 Diploma in Epilation. These standards ensure the quality and consistency of training, assessment, and learner support.

### 1. Approval to Deliver the Qualification

- ✓ Centres must obtain formal approval from ICTQual AB to deliver this specific qualification, even if they are already registered.
- ✓ The approval process includes a review of resources, staff qualifications, and policies relevant to the program.

### 2. Qualified Staff

- ✓ **Tutors:** Must hold a Level 4 or higher qualification in Epilation or related fields. Must possess a teaching qualification (e.g., Level 3 Award in Education and Training or equivalent). Should have practical experience in delivering epilation treatments, including shortwave diathermy, galvanic electrolysis, and blend methods.
- ✓ **Assessors:** Must hold a recognized assessor qualification (e.g., Level 3 Certificate in Assessing Vocational Achievement). Should demonstrate expertise in assessing the theoretical and practical application of epilation techniques.
- ✓ **Internal Quality Assurers (IQAs):** Must hold an appropriate IQA qualification and have experience in overseeing quality assurance processes in beauty or aesthetics training.

### 3. Learning Facilities

Centres must have access to appropriate learning facilities, which include:

- ✓ **Classrooms:** Equipped with multimedia tools for theoretical instruction on hair science, advanced cutting techniques, color theory, creative styling, and client care.
- ✓ **Practical Areas:** Fully equipped salons with professional-grade tools, including advanced cutting tools, coloring equipment, straighteners, blow-dryers, and specialized creative styling products. Ergonomic workstations with mirrors, adjustable chairs, and sufficient lighting for practical training in creative and advanced techniques.
- ✓ **Technology Access:** Access to online platforms, video tutorials, and other digital resources that support the development of advanced and creative skills in hairdressing.

### 4. Health and Safety Compliance

- ✓ Centres must ensure that practical training environments comply with relevant health and safety regulations.
- ✓ Risk assessments must be conducted regularly to maintain a safe learning environment.

### 5. Resource Requirements

- ✓ **Learning Materials:** Approved course manuals, textbooks, and study guides aligned with the curriculum.
- ✓ **Assessment Tools:** Templates, guidelines, and resources for conducting and recording assessments.

- ✓ **E-Learning Systems:** If offering online or hybrid learning, centres must provide a robust Learning Management System (LMS) to facilitate remote delivery.

## 6. Assessment and Quality Assurance

- ✓ Centres must adhere to ICTQual's assessment standards, ensuring that all assessments are fair, valid, and reliable.
- ✓ Internal quality assurance (IQA) processes must be in place to monitor assessments and provide feedback to assessors.
- ✓ External verification visits from ICTQual will ensure compliance with awarding body standards.

## 7. Learner Support

- ✓ Centres must provide learners with access to guidance and support throughout the program, including:
- ✓ Academic support for coursework.
- ✓ Career guidance for future progression.
- ✓ Additional support for learners with specific needs (e.g., disabilities or language barriers).

## 8. Policies and Procedures

Centres must maintain and implement the following policies, as required by ICTQual:

- ✓ Equal Opportunities Policy.
- ✓ Health and Safety Policy.
- ✓ Safeguarding Policies and Procedures.
- ✓ Complaints and Appeals Procedure.
- ✓ Data Protection and Confidentiality Policy.

## 9. Regular Reporting to ICTQual

- ✓ Centres must provide regular updates to ICTQual AB on learner enrollment, progress, and completion rates.
- ✓ Centres are required to maintain records of assessments and learner achievements for external auditing purposes.

## Support for Candidates

Centres should ensure that materials developed to support candidates:

- ✓ Facilitate tracking of achievements as candidates progress through the learning outcomes and assessment criteria.
- ✓ Include information on how and where ICTQual's policies and procedures can be accessed.
- ✓ Provide mechanisms for Internal and External Quality Assurance staff to verify and authenticate evidence effectively.

This approach ensures transparency, supports candidates' learning journeys, and upholds quality assurance standards.

## Assessment

This qualification is competence-based, requiring candidates to demonstrate proficiency as defined in the qualification units. The assessment evaluates the candidate's skills, knowledge, and understanding against the set standards. Key details include:

### 1. Assessment Process:

- ✓ Must be conducted by an experienced and qualified assessor.
- ✓ Candidates compile a portfolio of evidence that satisfies all learning outcomes and assessment criteria for each unit.

### 2. Types of Evidence:

- ✓ Observation reports by the assessor.
- ✓ Assignments, projects, or reports.
- ✓ Professional discussions.
- ✓ Witness testimonies.
- ✓ Candidate-produced work.
- ✓ Worksheets.
- ✓ Records of oral and written questioning.
- ✓ Recognition of Prior Learning (RPL).

### 3. Learning Outcomes and Assessment Criteria:

- ✓ **Learning Outcomes:** Define what candidates should know, understand, or accomplish upon completing the unit.
- ✓ **Assessment Criteria:** Detail the standards candidates must meet to demonstrate that the learning outcomes have been achieved.

This framework ensures rigorous and consistent evaluation of candidates' competence in line with the qualification's objectives.



Unit Descriptors

ITE0002 – 1 Detailed Study of Anatomy, Physiology, and Pathology

This study unit aims to provide an in-depth understanding of human anatomy, physiology, and pathology, with a focus on the body systems most relevant to beauty, wellness, and therapeutic treatments. It will equip learners with the knowledge necessary to apply advanced concepts of human body systems to aesthetic practices, ensuring the safe and effective delivery of treatments. The unit will explore the structure and function of key systems such as the integumentary, muscular, circulatory, and lymphatic systems, and their interactions with various beauty therapies.

Learning Outcome:	Assessment Criteria:
1. Demonstrate a comprehensive understanding of human anatomy, physiology, and pathology, with a focus on the systems most relevant to beauty and wellness treatments.	<div>1.1. Demonstrate in-depth knowledge of human anatomy and physiology, specifically the integumentary, muscular, circulatory, and lymphatic systems, and their relevance to beauty and wellness treatments.</div> <div>1.2. Accurately identify and explain the structure, function, and interrelationships of key body systems, focusing on their impact on skin health and appearance.</div> <div>1.3. Analyze how various beauty treatments interact with different bodily systems, ensuring treatments are safe and effective.</div> <div>1.4. Recognize and explain common pathological conditions, such as skin disorders, circulatory or lymphatic system issues, and how they influence treatment protocols and outcomes.</div> <div>1.5. Apply advanced knowledge of anatomy and physiology to assess client needs and tailor treatments accordingly, ensuring safety and optimal results.</div> <div>1.6. Identify the contraindications associated with specific anatomical or physiological conditions that may affect the suitability of beauty treatments.</div> <div>1.7. Demonstrate an understanding of how environmental factors (e.g., temperature, pressure, and skin hydration) impact the body's systems and their relevance in aesthetic procedures.</div> <div>1.8. Utilize anatomical and physiological knowledge to anticipate and address any complications or risks that may arise during or after beauty</div>

	<p>treatments.</p> <p>1.9. Keep updated with current research and advances in anatomy, physiology, and pathology, incorporating this knowledge into clinical practice for continuous improvement.</p>
<p>2. Explain the structure and function of the integumentary system (skin, hair, and nails), muscular, circulatory, and lymphatic systems, and how they impact beauty treatments.</p>	<p>2.1. Clearly describe the structure and function of the integumentary system, including the skin, hair, and nails, and explain how they contribute to overall health and appearance.</p> <p>2.2. Explain the layers of the skin (epidermis, dermis, and hypodermis) and the role of each in protection, sensation, and absorption, highlighting their relevance in beauty treatments.</p> <p>2.3. Detail the hair growth cycle, including the anagen, catagen, and telogen phases, and their influence on hair removal or treatment techniques.</p> <p>2.4. Discuss the structure and functions of nails, including growth patterns, and how nail health affects beauty treatments such as manicures or pedicures.</p> <p>2.5. Outline the role of the muscular system, including how muscle tone and skin elasticity can affect the outcomes of treatments such as facial toning or body sculpting.</p> <p>2.6. Explain the circulatory system, including blood flow and its effect on skin health, as well as how treatments like massage or microcirculation therapies impact skin and muscle function.</p> <p>2.7. Detail the functions of the lymphatic system, emphasizing its role in detoxification, fluid balance, and immune function, and how it relates to beauty treatments like lymphatic drainage.</p> <p>2.8. Describe how these body systems interact during beauty treatments and how they can influence treatment selection, effectiveness, and potential outcomes.</p> <p>2.9. Identify how specific beauty procedures can affect these systems, for example, how massage can stimulate blood flow or how skin treatments can influence lymphatic drainage,</p>

	and ensure treatments are designed with these interactions in mind.
<b>3. Recognize common pathological conditions and their contraindications in beauty therapy, ensuring safe and effective treatment planning.</b>	<p>3.1. Identify and describe common skin conditions, such as acne, eczema, rosacea, and psoriasis, and their potential impact on beauty treatments.</p> <p>3.2. Recognize systemic conditions like diabetes, hypertension, and autoimmune disorders that may affect a client's suitability for certain beauty therapies.</p> <p>3.3. Assess and understand the contraindications of specific treatments for clients with chronic conditions or acute conditions such as skin infections, warts, or moles.</p> <p>3.4. Demonstrate knowledge of contraindications for invasive treatments, including microneedling, chemical peels, and electrotherapy, in clients with specific medical histories or conditions.</p> <p>3.5. Understand the implications of medications (e.g., blood thinners, retinoids) on beauty treatments and how to adjust procedures accordingly to minimize risks.</p> <p>3.6. Recognize how environmental factors (such as sun exposure or extreme temperatures) can exacerbate skin conditions and contraindicate certain beauty therapies.</p> <p>3.7. Consider emotional and psychological conditions, such as anxiety or body dysmorphia, that may influence treatment decisions or affect client responses to procedures.</p> <p>3.8. Implement appropriate consultation and screening procedures to identify any medical conditions or contraindications before administering treatments.</p> <p>3.9. Adjust treatment plans and ensure the use of alternative or modified approaches when contraindications are identified, ensuring safety and efficacy.</p>
<b>4. Apply knowledge of anatomy and physiology in diagnosing client needs and tailoring treatments for optimal results.</b>	<p>4.1. Assess client anatomy and physiology to determine skin type, muscle tone, and body structure, and customize treatments to meet individual needs effectively.</p>

	<ul style="list-style-type: none"><li>4.2. Analyze the impact of specific body systems, such as the integumentary, muscular, and circulatory systems, on the client's skin and overall wellness to select the most suitable treatments.</li><li>4.3. Recognize signs of underlying health conditions from client assessments and adapt treatments accordingly to ensure safety and optimal results.</li><li>4.4. Utilize knowledge of anatomy to design treatment plans that target areas of concern, such as skin texture, muscle tone, or circulation, ensuring a holistic approach to beauty therapy.</li><li>4.5. Select appropriate techniques, tools, and products based on the client's skin and body type, considering the specific needs of each treatment area.</li><li>4.6. Adjust treatment intensity and parameters to accommodate client sensitivities and ensure comfort without compromising treatment outcomes.</li><li>4.7. Educate clients on the relationship between their anatomy and the treatment process, helping them understand how their body responds to specific therapies.</li><li>4.8. Monitor client progress and adjust treatments over time based on observed physiological responses, optimizing results and client satisfaction.</li><li>4.9. Ensure treatments are personalized, addressing the client's goals, health condition, and anatomical structure for a safe and effective beauty therapy experience.</li></ul>
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ITE0002 – 2 Advanced Implementation of Health, Safety, and Hygiene Protocols

This study unit aims to develop advanced expertise in the implementation of health, safety, and hygiene protocols within beauty therapy environments. Learners will acquire the skills necessary to ensure full compliance with industry regulations, emphasizing best practices to safeguard both clients and practitioners. This unit will cover infection control measures, including the sanitization of tools, equipment, and treatment areas, while fostering an understanding of risk assessments and hazard management.

Learning Outcome:	Assessment Criteria:
1. Apply advanced health, safety, and hygiene protocols in a beauty therapy environment, ensuring compliance with industry regulations and best practices.	<div>1.1. Implement comprehensive health and safety procedures in line with industry regulations, ensuring the well-being of clients and therapists throughout all beauty treatments.</div> <div>1.2. Demonstrate a strong understanding of hygiene standards, applying sterilization and sanitation practices to tools, equipment, and work areas to prevent contamination and maintain a safe treatment environment.</div> <div>1.3. Regularly review and update health and safety protocols to ensure compliance with local and international regulations, adapting procedures as needed to meet evolving industry standards.</div> <div>1.4. Conduct thorough risk assessments to identify potential hazards in the beauty therapy environment and take proactive steps to mitigate risks, including proper handling of hazardous materials and waste.</div> <div>1.5. Ensure that all staff members are trained and knowledgeable in safety protocols, creating a culture of safety within the workplace.</div> <div>1.6. Use personal protective equipment (PPE) as required and ensure its proper use by all staff to minimize exposure to risks and maintain a hygienic environment.</div> <div>1.7. Monitor treatment areas for cleanliness and hygiene, taking immediate corrective actions if any issues are identified.</div> <div>1.8. Educate clients on safety procedures, including pre-treatment and post-treatment care, ensuring they are informed and comfortable during the process.</div> <div>1.9. Maintain a clean, organized, and compliant beauty therapy space, fostering a professional atmosphere that prioritizes client health and safety.</div>
2. Implement infection control measures,	2.1. Adhere to infection control protocols by

<p>including proper sanitation of tools, equipment, and workspaces, to prevent cross-contamination and ensure client safety.</p>	<p>sanitizing and sterilizing all tools, equipment, and workspaces before, during, and after each treatment to prevent cross-contamination.</p> <p>2.2. Implement strict hygiene procedures, including proper cleaning and disinfection of high-touch surfaces and treatment areas to maintain a safe environment for clients and staff.</p> <p>2.3. Use hospital-grade disinfectants and sterilization methods for tools and equipment, ensuring they are free from bacteria, viruses, and other harmful pathogens before every use.</p> <p>2.4. Establish designated areas for the safe disposal of single-use items, ensuring compliance with waste management regulations and reducing the risk of contamination.</p> <p>2.5. Ensure that all reusable tools, such as tweezers, scissors, or brushes, are thoroughly disinfected or sterilized after each use, according to recommended infection control practices.</p> <p>2.6. Maintain appropriate hand hygiene by washing hands thoroughly and using hand sanitizers, especially before and after each client treatment.</p> <p>2.7. Implement barrier methods, such as disposable gloves and face masks, as required by the treatment type to further minimize the risk of infection.</p> <p>2.8. Conduct regular training sessions for staff on infection control protocols and ensure all employees are fully informed of the latest safety standards and regulations.</p> <p>2.9. Perform routine audits of sanitation practices to ensure consistent adherence to infection control guidelines, making necessary improvements where required.</p>
<p>3. Conduct regular risk assessments to identify potential hazards and address safety concerns in the salon or treatment setting.</p>	<p>3.1. Regularly perform comprehensive risk assessments of the salon or treatment environment, identifying potential hazards such as equipment malfunctions, unsafe practices, and environmental factors that could impact client or staff safety.</p> <p>3.2. Evaluate all treatment areas to ensure compliance with industry safety standards, including checking lighting, ventilation, temperature, and cleanliness to minimize risk during procedures.</p> <p>3.3. Assess the condition of equipment and</p>

	<p>machinery, ensuring that they are in good working order and meet safety regulations; replace or repair faulty equipment promptly to avoid accidents.</p> <p>3.4. Monitor and evaluate the use of chemicals, skincare products, and treatments to ensure that they are correctly stored, labeled, and used according to safety protocols to prevent allergic reactions or adverse effects.</p> <p>3.5. Develop a hazard management plan, identifying risks such as slips, trips, falls, electrical safety, and fire risks, and implement preventive measures to eliminate or reduce these risks.</p> <p>3.6. Ensure that emergency procedures, including fire evacuation plans and first aid protocols, are clearly communicated and understood by all staff members.</p> <p>3.7. Regularly review and update risk assessments based on new treatments, technologies, or changes in salon procedures, ensuring continuous safety and compliance with regulations.</p> <p>3.8. Involve staff in the risk assessment process, encouraging open communication about potential hazards and suggestions for improving safety.</p> <p>3.9. Document all risk assessments and corrective actions taken, ensuring a clear audit trail for safety and regulatory compliance.</p>
<p>4. Educate clients on safety procedures and provide post-treatment care instructions to avoid complications.</p>	<p>4.1. Provide clients with clear and concise explanations of safety procedures before, during, and after treatments to ensure their understanding and compliance.</p> <p>4.2. Advise clients on any potential risks or side effects associated with specific treatments and offer tailored guidance based on their individual health conditions and needs.</p> <p>4.3. Educate clients on the importance of maintaining proper hygiene and following post-treatment care instructions to minimize the risk of infections, irritations, or complications.</p> <p>4.4. Offer personalized aftercare guidelines, including advice on skincare, lifestyle modifications, and the use of prescribed products to promote healing and optimize treatment results.</p> <p>4.5. Ensure clients are informed about what to</p>

	<p>expect during the healing process, including the expected duration of recovery and any signs of complications that require attention.</p> <p>4.6. Recommend suitable aftercare products or treatments, including moisturizers, sunscreens, and other skin-repairing agents, to aid in the recovery and prolong the benefits of the procedure.</p> <p>4.7. Demonstrate correct aftercare techniques if necessary, such as how to properly cleanse or apply products to treated areas.</p> <p>4.8. Remind clients of follow-up appointments or check-ins to assess the progress of their healing and address any concerns they may have.</p> <p>4.9. Ensure that clients understand the importance of avoiding certain activities (e.g., sun exposure, strenuous exercise, or specific skincare products) during the post-treatment phase to prevent complications.</p>
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ITE0002 – 3 Thorough Client Consultation and Tailored Profiling

This study unit aims to cultivate advanced skills in conducting thorough client consultations and developing tailored profiles to enhance beauty and wellness treatment outcomes. Learners will gain expertise in assessing individual client needs, preferences, and medical histories to design personalized treatment plans that align with each client’s goals. Emphasis will be placed on maintaining clear, accurate client records and fostering strong professional relationships through effective communication. This unit ensures that treatments are safe, effective, and customized to meet client expectations while considering any contraindications.

Learning Outcome:	Assessment Criteria:
1. Conduct in-depth client consultations to assess individual needs, preferences, medical history, and any contraindications to beauty treatments.	<div>1.1. Conduct a thorough initial consultation with each client to gather detailed information on their medical history, including any allergies, skin conditions, and previous treatments.</div> <div>1.2. Use a combination of assessment techniques such as visual evaluation, client questionnaires, and detailed discussions to understand the client’s aesthetic goals and expectations.</div> <div>1.3. Identify any contraindications, such as skin sensitivities, medical conditions, or medications that could affect the suitability or safety of certain treatments.</div> <div>1.4. Assess the client’s skin type, tone, and condition to determine the most appropriate treatments and products for their needs.</div> <div>1.5. Discuss the client’s lifestyle, including any habits (e.g., smoking, diet, sun exposure) that may impact the results or healing process of treatments.</div> <div>1.6. Use active listening and effective communication to build rapport and trust with clients, ensuring they feel comfortable sharing personal information and concerns.</div> <div>1.7. Provide clear explanations of treatment options, ensuring the client understands potential risks, benefits, and expected outcomes.</div> <div>1.8. Take detailed notes and maintain accurate, up-to-date client records, ensuring all relevant information is documented for future reference and continuity of care.</div> <div>1.9. Regularly update client records during follow-up consultations to track changes in needs, preferences, and skin conditions.</div>

<p><b>2. Develop personalized treatment plans based on comprehensive client profiles, ensuring treatments are safe, effective, and aligned with the client's goals.</b></p>	<p>2.1. Analyze the information gathered during the client consultation to develop a tailored treatment plan that aligns with their specific goals and skin conditions.</p> <p>2.2. Take into account any contraindications or medical concerns to ensure that the proposed treatments are safe and suitable for the client.</p> <p>2.3. Select appropriate techniques, products, and equipment based on the client's skin type, tone, and overall health.</p> <p>2.4. Consider factors such as lifestyle, age, and environmental influences to customize the treatment plan for maximum efficacy and client satisfaction.</p> <p>2.5. Set realistic expectations with the client, explaining the potential outcomes, number of sessions required, and any follow-up care needed.</p> <p>2.6. Incorporate any desired aesthetic outcomes, such as anti-aging, acne treatment, or skin rejuvenation, into the personalized plan, adjusting for their individual needs.</p> <p>2.7. Recommend additional home care or maintenance treatments to complement salon or clinic-based procedures, ensuring ongoing results.</p> <p>2.8. Continuously evaluate and adjust the treatment plan as necessary based on the client's progress, feedback, and any changes in their skin condition or preferences.</p> <p>2.9. Document all aspects of the personalized treatment plan clearly and accurately in the client's records for future reference and consistency in ongoing care.</p>
<p><b>3. Maintain clear, accurate, and up-to-date client records for future reference and ongoing treatment adjustments.</b></p>	<p>3.1. Ensure that all client records are detailed and include relevant information such as personal details, medical history, skin type, treatment preferences, and any contraindications.</p> <p>3.2. Document every treatment provided, including the techniques used, products applied, and any</p>

	<p>observations or client feedback during and after the treatment.</p> <p>3.3. Update client records promptly after each session, noting any changes in skin condition, progress, or adverse reactions, to track the effectiveness of treatments over time.</p> <p>3.4. Maintain a secure and confidential system for storing client records, adhering to data protection regulations and best practices for privacy.</p> <p>3.5. Use client records to assess the need for adjustments in future treatments, ensuring that any changes in skin condition or client goals are addressed appropriately.</p> <p>3.6. Include details about post-treatment care provided and any recommendations for follow-up appointments or home care routines.</p> <p>3.7. Regularly review client records to ensure continuity of care, allowing for a personalized and consistent experience across multiple sessions.</p> <p>3.8. Ensure all information is easily accessible for future consultations, allowing for informed decision-making when planning subsequent treatments.</p> <p>3.9. Keep records organized and professionally maintained, allowing for efficient communication and collaboration with other team members, if applicable.</p>
<p><b>4. Build strong client relationships through professional communication, active listening, and providing clear explanations of treatment options and expected outcomes.</b></p>	<p>4.1. Establish a professional and welcoming environment that encourages open communication, ensuring clients feel comfortable discussing their concerns and goals.</p> <p>4.2. Practice active listening by fully engaging with clients, asking clarifying questions, and reflecting back their needs to ensure accurate understanding of their expectations.</p> <p>4.3. Use clear, concise, and non-technical language when explaining treatment options, procedures, potential outcomes, and any associated risks, making sure clients are well-informed.</p> <p>4.4. Demonstrate empathy and professionalism in</p>

	<p>all interactions, offering reassurance and support when addressing client concerns or apprehensions about treatments.</p> <p>4.5. Tailor communication to the individual client’s preferred method of interaction (e.g., visual aids, written information, or verbal discussions) to ensure clarity.</p> <p>4.6. Provide honest and transparent advice, setting realistic expectations about the results of treatments based on the client's unique skin type, health history, and desired outcomes.</p> <p>4.7. Establish trust by maintaining confidentiality and respecting the client’s privacy throughout the consultation and treatment process.</p> <p>4.8. Foster an ongoing rapport by checking in with clients before, during, and after treatments, ensuring they feel supported and valued throughout their beauty journey.</p> <p>4.9. Encourage feedback and actively seek client input to continuously improve the quality of service and adapt treatments to meet evolving client needs.</p>
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ITE0002 – 4 Epilation Techniques for Precision and Comfort

This study unit focuses on mastering various epilation techniques, including waxing, sugaring, and threading, to achieve precise and comfortable results for clients. Learners will develop the ability to adapt epilation methods based on individual hair types, skin sensitivity, and client preferences. Emphasis will be placed on implementing safe and hygienic practices during treatments to prevent injury or discomfort.

Learning Outcome:	Assessment Criteria:
1. Master a variety of epilation methods, including waxing, sugaring, and threading, ensuring precision and client comfort throughout the process.	<div>1.1. Demonstrate proficiency in the use of various epilation techniques, including waxing, sugaring, and threading, ensuring each method is applied correctly for maximum efficiency and minimal discomfort.</div> <div>1.2. Adapt the choice of epilation technique based on client preferences, hair type, skin sensitivity, and treatment area to achieve the best possible results.</div> <div>1.3. Utilize proper application methods for each technique, such as ensuring correct wax temperature, applying sugaring paste evenly, or using precise threading motions, to ensure effective hair removal.</div> <div>1.4. Maintain consistent attention to detail, ensuring smooth, clean, and accurate hair removal with minimal risk of irritation, burns, or ingrown hairs.</div> <div>1.5. Create a comfortable treatment environment by communicating with clients throughout the process, ensuring their comfort and addressing any concerns they may have.</div> <div>1.6. Ensure that all equipment and materials are sterilized and sanitized before and after each session, adhering to strict hygiene and safety protocols.</div> <div>1.7. Adjust epilation methods to accommodate specific client needs, such as sensitive skin or specific body areas, to minimize discomfort and optimize results.</div> <div>1.8. Assess the effectiveness of the epilation procedure after completion, ensuring the client is satisfied with the outcome and providing any necessary follow-up care instructions.</div> <div>1.9. Educate clients on pre-treatment and post-treatment care, offering guidance on how to</div>

	maintain skin health and prevent irritation or complications following the epilation process.
<b>2. Adapt epilation techniques based on hair type, skin sensitivity, and client preferences to achieve optimal results with minimal discomfort.</b>	<p>2.1. Assess the client's hair type, including thickness, texture, and growth pattern, to determine the most suitable epilation method (e.g., waxing, sugaring, threading) for optimal results.</p> <p>2.2. Evaluate the client's skin sensitivity and any specific conditions (e.g., dryness, eczema, rosacea) to choose the least irritating and most effective epilation technique.</p> <p>2.3. Customize the application of waxing, sugaring, or threading based on the client's individual preferences, such as the desired level of pain tolerance and specific areas of focus.</p> <p>2.4. Modify the pressure, speed, and technique used in each epilation method to reduce discomfort, ensuring a more comfortable experience for clients with sensitive skin or a lower pain threshold.</p> <p>2.5. Choose hypoallergenic or sensitive-skin-friendly wax or sugaring formulas when necessary to minimize the risk of irritation or allergic reactions.</p> <p>2.6. Offer alternatives or modifications, such as using different threading techniques or gentler waxes, for clients with particularly sensitive or delicate skin areas.</p> <p>2.7. Implement soothing techniques or products (e.g., cooling gels or lotions) post-treatment to reduce any redness, irritation, or discomfort, ensuring client comfort.</p> <p>2.8. Ensure the correct temperature and consistency of wax or sugaring paste are maintained to reduce the likelihood of skin burns or discomfort.</p> <p>2.9. Continuously monitor client feedback during the treatment, adjusting the technique or method in real-time to ensure maximum comfort and optimal results.</p>
<b>3. Implement safe and hygienic practices when performing epilation treatments to prevent irritation, burns, or injury.</b>	<p>3.1. Ensure all tools and equipment, including waxing spatulas, sugaring implements, and threading tools, are thoroughly sanitized before</p>

	<p>and after each use to prevent cross-contamination.</p> <p>3.2. Use disposable gloves when performing epilation treatments to minimize direct contact with the skin and prevent contamination.</p> <p>3.3. Always apply products such as wax or sugaring paste using clean, disposable applicators to avoid contamination and reduce the risk of infection.</p> <p>3.4. Maintain proper hygiene by cleaning and disinfecting the treatment area, including couches, stools, and any surfaces the client may come into contact with during the procedure.</p> <p>3.5. Ensure wax or sugar paste is heated to the appropriate temperature, avoiding overheating, to prevent burns or discomfort.</p> <p>3.6. Check the skin for any cuts, abrasions, or contraindications before starting the treatment to ensure that the area is safe for epilation.</p> <p>3.7. Follow proper disposal procedures for used materials such as wax strips, gloves, or cotton pads to prevent contamination and maintain a clean environment.</p> <p>3.8. Educate clients on the importance of maintaining proper hygiene before and after the treatment, advising them on avoiding touching the treated areas or exposure to bacteria.</p> <p>3.9. Use appropriate aftercare products, such as soothing creams or oils, to minimize skin irritation, and instruct clients on how to care for their skin post-treatment.</p>
<p>4. Educate clients on pre- and post-treatment care to maximize the effectiveness of the treatment and minimize skin irritation.</p>	<p>4.1. Provide clients with clear instructions on pre-treatment care, including avoiding exfoliation, tanning, or the use of strong skincare products (e.g., retinoids or acids) for at least 24–48 hours before the treatment.</p> <p>4.2. Advise clients to ensure their skin is clean, dry, and free of oils, lotions, or perfumes before the treatment to enhance product adhesion and prevent irritation.</p> <p>4.3. Recommend that clients avoid consuming alcohol or caffeine on the day of treatment, as these can increase skin sensitivity.</p>

	<ul style="list-style-type: none"><li>4.4. Educate clients on the importance of avoiding direct sun exposure, tanning beds, or self-tanning products for at least 24–48 hours before the treatment to reduce the risk of irritation and skin damage.</li><li>4.5. Advise clients to inform you of any existing skin conditions (e.g., eczema, psoriasis) or allergies that could affect the treatment's safety and effectiveness.</li><li>4.6. Instruct clients on proper post-treatment care, including avoiding hot showers, saunas, or swimming pools for 24–48 hours to prevent irritation and infection.</li><li>4.7. Encourage clients to refrain from touching the treated areas with unwashed hands to minimize the risk of transferring bacteria.</li><li>4.8. Recommend soothing products such as aloe vera or hydrocortisone cream to help reduce redness and swelling post-treatment.</li><li>4.9. Instruct clients to avoid exfoliating or using harsh products on the treated area for at least 48 hours after the treatment to allow the skin to recover.</li><li>4.10. Schedule follow-up consultations to assess the skin's response to the treatment and adjust aftercare instructions if necessary for optimal results.</li></ul>
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