

# ICTQual AB

## Qualification Specification



## Level 3 Diploma in Body Electrotherapy



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# ICTQual AB

## Level 3 Diploma in Body Electrotherapy

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# Qualification Specifications about

## ICTQual Level 3 Diploma in Body Electrotherapy

### About ICTQual AB

ICTQual AB UK Ltd. is a distinguished awarding body based in the United Kingdom, dedicated to fostering excellence in education, training, and skills development. Committed to global standards, ICTQual AB provides internationally recognized qualifications that empower individuals and organizations to thrive in an increasingly competitive world. Their offerings span diverse industries, including technical fields, health and safety, management, and more, ensuring relevance and adaptability to modern workforce needs.

The organization prides itself on delivering high-quality educational solutions through a network of Approved Training Centres worldwide. Their robust curriculum and innovative teaching methodologies are designed to equip learners with practical knowledge and skills for personal and professional growth. With a mission to inspire lifelong learning and drive positive change, ICTQual AB continuously evolves its programs to stay ahead of industry trends and technological advancements.

ICTQual AB's vision is to set benchmarks for educational excellence while promoting inclusivity and integrity. Their unwavering focus on quality and accessibility makes them a trusted partner in shaping future-ready professionals and advancing societal progress globally.

### Course Overview

The ICTQual Level 3 Diploma in Body Electrotherapy is a comprehensive qualification designed to equip learners with the essential skills and knowledge to perform various electrotherapy treatments within beauty and healthcare settings. This diploma covers a wide range of techniques, such as microcurrent therapy, electrolysis, and muscle stimulation, focusing on their safe application to improve skin tone, texture, and overall appearance. Students will gain both theoretical knowledge and hands-on experience, preparing them for success in the growing electrotherapy industry.

This qualification not only provides advanced understanding of anatomy and physiology but also emphasizes client consultation, hygiene, and safety protocols. Graduates will be well-positioned to pursue careers in spas, beauty salons, and wellness centers or even start their own practices. The course offers further opportunities for professional growth, including specialized qualifications and career advancement in beauty therapy, aesthetics, or physiotherapy.

## Certification Framework

<b>Qualification title</b>	<b>ICTQual Level 3 Diploma in Body Electrotherapy</b>
<b>Course ID</b>	ITE0002
<b>Qualification Credits</b>	38 Credits
<b>Course Duration</b>	2-4 Months
<b>Grading Type</b>	Pass / Fail
<b>Competency Evaluation</b>	Coursework / Assignments / Verifiable Experience
<b>Assessment</b>	The assessment and verification process for ICTQual qualifications involves two key stages:

### Internal Assessment and Verification:

- ✓ Conducted by the staff at the Approved Training Centre (ATC). Ensures learners meet the required standards through continuous assessments.
- ✓ Internal quality assurance (IQA) is carried out by the centre's IQA staff to validate the assessment processes.

### External Quality Assurance:

- ✓ Managed by ICTQual AB verifiers, who periodically review the centre's assessment and IQA processes.
- ✓ Verifies that assessments are conducted to the required standards and ensures consistency across centres

## Entry Requirements

To enroll in the ICTQual Level 3 Diploma in Body Electrotherapy, candidates must meet the following entry requirements:

- ✓ **Minimum Age:** Candidates must be at least 16 years old to enrol in the course.
- ✓ **Prior Qualifications:** It is recommended that applicants have a Level 2 qualification in Beauty Therapy or a related field, though those with relevant industry experience may also be considered.
- ✓ **Health and Safety Knowledge:** Basic understanding of health and safety protocols in a beauty or healthcare setting is desirable.
- ✓ **Communication Skills:** A good command of written and spoken English is required to understand course materials and effectively communicate with clients.
- ✓ **Physical Fitness:** Due to the practical nature of the course, candidates should be in good physical health and able to perform tasks that may require standing for extended periods or using electrotherapy equipment.
- ✓ **Motivation and Commitment:** As the course involves both theoretical and practical assessments, applicants should be prepared to dedicate time and effort to study and practice.

Qualifications Structure

This qualification comprises 4 mandatory units, totalling 38 credits. Candidates must successfully complete all mandatory units to achieve the qualification.

Mandatory Units		
Unit Ref#	Unit Title	Credits
BT0031 - 1	Advanced Understanding of Anatomy, Physiology, and Pathology	13
BT0031 - 2	Implementation of Comprehensive Health, Safety, and Hygiene Standards	7
BT0031 - 3	Expert Client Consultation and Personalised Profiling	8
BT0031 - 4	Proficiency in Body Electrotherapy Treatments	10

## Centre Requirements

Even if a centre is already registered with ICTQual AB, it must meet specific requirements to deliver the ICTQual Level 3 Diploma in Body Electrotherapy. These standards ensure the quality and consistency of training, assessment, and learner support.

### 1. Approval to Deliver the Qualification

- ✓ Centres must obtain formal approval from ICTQual AB to deliver this specific qualification, even if they are already registered.
- ✓ The approval process includes a review of resources, staff qualifications, and policies relevant to the program.

### 2. Qualified Staff

- ✓ **Tutors:** Must hold a Level 4 or higher qualification in Body Electrotherapy or related disciplines. Must possess a teaching qualification (e.g., Level 3 Award in Education and Training). Should have relevant industry experience in using and teaching electrotherapy techniques, such as galvanic treatments, vacuum suction, EMS (Electrical Muscle Stimulation), and microcurrent therapy.
- ✓ **Assessors:** Must hold a recognized assessor qualification (e.g., Level 3 Certificate in Assessing Vocational Achievement). Should demonstrate expertise in assessing both theoretical knowledge and practical application of body electrotherapy techniques.
- ✓ **Internal Quality Assurers (IQAs):** Must hold an IQA qualification and have experience in quality assurance of vocational training in body electrotherapy or related areas.

### 3. Learning Facilities

Centres must have access to appropriate learning facilities, which include:

- ✓ **Classrooms:** Equipped with multimedia tools for theoretical instruction on hair science, advanced cutting techniques, colour theory, creative styling, and client care.
- ✓ **Practical Areas:** Fully equipped salons with professional-grade tools, including advanced cutting tools, colouring equipment, straighteners, blow-dryers, and specialized creative styling products. Ergonomic workstations with mirrors, adjustable chairs, and sufficient lighting for practical training in creative and advanced techniques.
- ✓ **Technology Access:** Access to online platforms, video tutorials, and other digital resources that support the development of advanced and creative skills in hairdressing.

### 4. Health and Safety Compliance

- ✓ Centres must ensure that practical training environments comply with relevant health and safety regulations.
- ✓ Risk assessments must be conducted regularly to maintain a safe learning environment.

### 5. Resource Requirements

- ✓ **Learning Materials:** Approved course manuals, textbooks, and study guides aligned with the curriculum.
- ✓ **Assessment Tools:** Templates, guidelines, and resources for conducting and recording assessments.

- ✓ E-Learning Systems: If offering online or hybrid learning, centres must provide a robust Learning Management System (LMS) to facilitate remote delivery.

## **6. Assessment and Quality Assurance**

- ✓ Centres must adhere to ICTQual's assessment standards, ensuring that all assessments are fair, valid, and reliable.
- ✓ Internal quality assurance (IQA) processes must be in place to monitor assessments and provide feedback to assessors.
- ✓ External verification visits from ICTQual will ensure compliance with awarding body standards.

## **7. Learner Support**

- ✓ Centres must provide learners with access to guidance and support throughout the program, including:
- ✓ Academic support for coursework.
- ✓ Career guidance for future progression.
- ✓ Additional support for learners with specific needs (e.g., disabilities or language barriers).

## **8. Policies and Procedures**

Centres must maintain and implement the following policies, as required by ICTQual:

- ✓ Equal Opportunities Policy.
- ✓ Health and Safety Policy.
- ✓ Safeguarding Policies and Procedures.
- ✓ Complaints and Appeals Procedure.
- ✓ Data Protection and Confidentiality Policy.

## **9. Regular Reporting to ICTQual**

- ✓ Centres must provide regular updates to ICTQual AB on learner enrolment, progress, and completion rates.
- ✓ Centres are required to maintain records of assessments and learner achievements for external auditing purposes.

## **Support for Candidates**

Centres should ensure that materials developed to support candidates:

- ✓ Facilitate tracking of achievements as candidates progress through the learning outcomes and assessment criteria.
- ✓ Include information on how and where ICTQual's policies and procedures can be accessed.
- ✓ Provide mechanisms for Internal and External Quality Assurance staff to verify and authenticate evidence effectively.

This approach ensures transparency, supports candidates' learning journeys, and upholds quality assurance standards.

## Assessment

This qualification is competence-based, requiring candidates to demonstrate proficiency as defined in the qualification units. The assessment evaluates the candidate's skills, knowledge, and understanding against the set standards. Key details include:

### 1. Assessment Process:

- ✓ Must be conducted by an experienced and qualified assessor.
- ✓ Candidates compile a portfolio of evidence that satisfies all learning outcomes and assessment criteria for each unit.

### 2. Types of Evidence:

- ✓ Observation reports by the assessor.
- ✓ Assignments, projects, or reports.
- ✓ Professional discussions.
- ✓ Witness testimonies.
- ✓ Candidate-produced work.
- ✓ Worksheets.
- ✓ Records of oral and written questioning.
- ✓ Recognition of Prior Learning (RPL).

### 3. Learning Outcomes and Assessment Criteria:

- ✓ **Learning Outcomes:** Define what candidates should know, understand, or accomplish upon completing the unit.
- ✓ **Assessment Criteria:** Detail the standards candidates must meet to demonstrate that the learning outcomes have been achieved.

This framework ensures rigorous and consistent evaluation of candidates' competence in line with the qualification's objectives.



Unit Descriptors

ITE0002 – 1 Advanced Understanding of Anatomy, Physiology, and Pathology

To develop an advanced understanding of human anatomy, physiology, and pathology, with a focus on the systems most relevant to beauty, wellness, and therapeutic treatments. This unit will equip practitioners with the knowledge to identify key bodily systems and their functions, recognize pathological conditions, and apply this understanding to safely adapt beauty treatments to individual client needs, ensuring both effectiveness and safety.

Learning Outcome:	Assessment Criteria:
1. Demonstrate an advanced understanding of human anatomy and physiology, with a focus on the systems that are most relevant to beauty, wellness, and therapeutic treatments.	<div>1.1. Understand the structure and function of the human body with a specific focus on systems like the integumentary, muscular, circulatory, and nervous systems.</div> <div>1.2. Recognize how these systems impact the effectiveness of beauty treatments and wellness practices.</div> <div>1.3. Integrate knowledge of anatomy and physiology to enhance therapeutic treatment plans and outcomes.</div> <div>1.4. Apply advanced anatomical knowledge to personalize beauty treatments for clients based on their physical needs.</div> <div>1.5. Use an understanding of human anatomy to maintain safety and minimize risks during procedures.</div> <div>1.6. Identify how different body systems respond to various beauty, wellness, and therapeutic treatments.</div>
2. Identify and explain the functions of key body systems such as the integumentary, muscular, circulatory, and nervous systems, and how they interact during treatments.	<div>2.1. Learn the functions and interactions of the integumentary system, including skin, hair, and nails, during beauty treatments.</div> <div>2.2. Understand the muscular system and how it relates to body posture and movement in therapeutic practices like massage or body treatments.</div> <div>2.3. Study the circulatory system's role in healing and rejuvenation, particularly in skin treatments and detoxification therapies.</div> <div>2.4. Examine the nervous system and its role in pain sensation, relaxation, and stimulation during treatments.</div> <div>2.5. Analyze how the systems work together during specific treatments, ensuring effectiveness and safety.</div>

	<p>2.6. Apply this understanding to adjust treatment intensity or method to suit individual client needs.</p>
<p><b>3. Recognize common and complex pathological conditions, understanding their effects on the body, and identify contraindications or special considerations for beauty treatments.</b></p>	<p>3.1. Learn to recognize and understand common skin conditions such as acne, eczema, and psoriasis, and their implications for beauty treatments.</p> <p>3.2. Identify systemic conditions like diabetes, cardiovascular disease, and autoimmune disorders that may affect beauty therapy treatments.</p> <p>3.3. Understand the contraindications for treatments based on client medical history and specific health concerns.</p> <p>3.4. Apply knowledge of pathology to determine when treatments may need to be modified or avoided entirely.</p> <p>3.5. Assess client suitability for specific treatments and modify plans accordingly to avoid complications.</p> <p>3.6. Provide informed recommendations to clients regarding their health conditions and the appropriateness of certain beauty treatments.</p>
<p><b>4. Apply advanced knowledge of anatomy and pathology to adapt treatments safely and effectively, addressing individual client needs while ensuring optimal results.</b></p>	<p>4.1. Use knowledge of anatomy and pathology to customize treatment plans that consider a client's specific conditions and goals.</p> <p>4.2. Adapt treatment techniques based on a client's unique anatomy and health considerations to ensure safe and effective outcomes.</p> <p>4.3. Apply advanced therapeutic techniques that are tailored to address client needs, improving treatment effectiveness.</p> <p>4.4. Ensure treatments are performed with the utmost care, avoiding harm to the client's health or well-being.</p> <p>4.5. Monitor client reactions throughout treatments and adjust techniques as needed based on real-time feedback and anatomical understanding.</p> <p>4.6. Educate clients about potential risks and benefits, ensuring they are fully informed before proceeding with treatment.</p>

ITE0002 – 2 Implementation of Comprehensive Health, Safety, and Hygiene Standards

To enable practitioners to effectively implement comprehensive health, safety, and hygiene protocols within beauty therapy settings, ensuring a safe environment for both clients and therapists. This unit focuses on advanced hygiene practices, regular audits, and risk assessments to ensure ongoing compliance with industry standards, and emphasizes client education to maintain health and safety before and after treatments.

Learning Outcome:	Assessment Criteria:
1. Implement comprehensive health and safety protocols that meet or exceed industry standards, ensuring a safe environment for both clients and therapists.	<ul style="list-style-type: none"><li>1.1. Develop and enforce strict hygiene and safety policies in the workplace.</li><li>1.2. Ensure compliance with legal and regulatory health and safety requirements in the beauty therapy industry.</li><li>1.3. Recognize and mitigate potential risks associated with beauty treatments.</li><li>1.4. Implement emergency procedures for accidents, allergic reactions, and other health-related incidents.</li><li>1.5. Train staff in proper health and safety procedures to maintain a secure working environment.</li><li>1.6. Regularly update health and safety protocols to reflect industry advancements and best practices.</li></ul>
2. Apply advanced hygiene practices to prevent cross-contamination, focusing on sterilization, sanitation of equipment, and proper waste disposal in beauty therapy settings.	<ul style="list-style-type: none"><li>2.1. Maintain strict sterilization protocols for tools and equipment to eliminate contamination risks.</li><li>2.2. Apply effective hand hygiene and personal protective measures to prevent infections.</li><li>2.3. Use appropriate cleaning and disinfecting techniques for treatment areas and work surfaces.</li><li>2.4. Follow correct procedures for the disposal of hazardous and non-hazardous beauty waste.</li><li>2.5. Implement hygiene policies to ensure compliance with infection control regulations.</li><li>2.6. Educate staff and clients on hygiene best practices to promote a culture of safety.</li></ul>
3. Conduct regular audits and risk assessments to ensure continuous compliance with health and safety regulations.	<ul style="list-style-type: none"><li>3.1. Perform routine safety inspections to identify and resolve potential hazards.</li><li>3.2. Maintain detailed records of risk assessments and corrective actions taken.</li><li>3.3. Stay informed about changes in health and safety laws and implement necessary adjustments.</li></ul>

	<ul style="list-style-type: none"><li>3.4. Develop action plans to improve safety standards based on audit findings.</li><li>3.5. Provide ongoing training and workshops for staff on updated safety regulations.</li><li>3.6. Use client and staff feedback to improve health and safety protocols continuously.</li></ul>
<b>4. Educate clients on the importance of hygiene before and after treatments to ensure their health and safety.</b>	<ul style="list-style-type: none"><li>4.1. Inform clients about pre-treatment hygiene requirements to prevent complications.</li><li>4.2. Provide aftercare instructions that promote proper hygiene and healing.</li><li>4.3. Address client concerns regarding cleanliness and reassure them about safety measures in place.</li><li>4.4. Share best practices for personal hygiene to enhance the effectiveness of treatments.</li><li>4.5. Encourage client compliance with hygiene recommendations to prevent infections or adverse reactions.</li><li>4.6. Offer guidance on recognizing signs of infection or irritation and when to seek medical advice.</li></ul>

### ITE0002 – 3 Expert Client Consultation and Personalised Profiling

To enable practitioners to conduct comprehensive client consultations, utilizing various assessment techniques to create personalized treatment plans that address individual client needs. This unit emphasizes the importance of evaluating health, medical history, skin type, and treatment preferences while ensuring safety, optimizing treatment outcomes, and fostering strong client relationships through effective communication and professional care.

Learning Outcome:	Assessment Criteria:
1. Conduct detailed client consultations, using a range of assessment techniques to evaluate the client's health, medical history, skin type, and treatment preferences.	<ul style="list-style-type: none"> <li>1.1. Use structured questionnaires and interviews to gather client health and lifestyle information.</li> <li>1.2. Perform visual and tactile skin and hair assessments to determine treatment suitability.</li> <li>1.3. Identify potential contraindications and advise clients on safe treatment options.</li> <li>1.4. Utilize consultation techniques to understand client concerns and expectations.</li> <li>1.5. Ensure informed consent by explaining treatment processes and potential side effects.</li> <li>1.6. Maintain confidentiality and professionalism when handling client health information.</li> </ul>
2. Develop personalized treatment plans based on thorough profiling, addressing specific client needs and ensuring safety.	<ul style="list-style-type: none"> <li>2.1. Analyse assessment data to recommend suitable beauty and wellness treatments.</li> <li>2.2. Customize skincare, haircare, and body treatments to match client goals and concerns.</li> <li>2.3. Incorporate medical history considerations into treatment planning.</li> <li>2.4. Adjust treatment intensity and duration based on individual client responses.</li> <li>2.5. Ensure plans align with industry best practices and safety guidelines.</li> <li>2.6. Regularly review and update treatment plans to reflect client progress and feedback.</li> </ul>
3. Tailor beauty and wellness treatments, considering contraindications, to optimize the benefits and minimize any risks or discomfort.	<ul style="list-style-type: none"> <li>3.1. Recognize and assess contraindications to prevent adverse reactions.</li> <li>3.2. Modify treatment protocols based on client sensitivities and medical conditions.</li> <li>3.3. Implement patch testing and preliminary assessments where necessary.</li> <li>3.4. Use appropriate techniques and products to enhance client comfort.</li> <li>3.5. Educate clients on precautions and possible side effects.</li> </ul>

	3.6. Refer clients to medical professionals if contraindications require further evaluation.
<b>4. Build strong rapport with clients through professional communication, active listening, and offering clear explanations of treatment options and aftercare instructions.</b>	<p>4.1. Use client-centred communication techniques to foster trust and understanding.</p> <p>4.2. Provide clear, jargon-free explanations of treatment steps and expected outcomes.</p> <p>4.3. Demonstrate empathy and patience to enhance the client experience.</p> <p>4.4. Encourage clients to ask questions and express concerns freely.</p> <p>4.5. Offer post-treatment guidance to help clients maintain results and prevent complications.</p> <p>4.6. Follow up with clients to ensure satisfaction and address any post-treatment issues.</p>
<b>5. Maintain accurate, detailed client records for ongoing treatment continuity and adjustments.</b>	<p>5.1. Document consultation details, including medical history, skin/hair conditions, and preferences.</p> <p>5.2. Keep updated records of all treatments performed, products used, and client feedback.</p> <p>5.3. Ensure compliance with data protection laws and confidentiality standards.</p> <p>5.4. Use records to track treatment effectiveness and modify plans accordingly.</p> <p>5.5. Enable seamless client care through organized record-keeping.</p> <p>5.6. Support business operations by maintaining professional and legally compliant documentation.</p>

## ITE0002 – 4 Proficiency in Body Electrotherapy Treatments

To develop expertise in body electrotherapy treatments, including microcurrent, galvanic, and high-frequency techniques, to improve skin tone, texture, and overall appearance. This unit focuses on the safe and effective application of these treatments, ensuring they are customized to meet individual client needs. It emphasizes adherence to industry safety standards and regulations while achieving optimal results.

Learning Outcome:	Assessment Criteria:
1. Demonstrate proficiency in using body electrotherapy techniques such as microcurrent, galvanic, and high-frequency treatments to improve skin tone, texture, and overall appearance.	1.1. Operate electrotherapy devices confidently, following manufacturer guidelines. 1.2. Apply correct techniques for each modality to enhance skin firmness and circulation. 1.3. Assess client skin conditions to determine the most suitable electrotherapy treatment. 1.4. Customize treatment settings to target specific concerns such as aging, acne, or dehydration. 1.5. Ensure consistency in application to achieve visible and long-lasting results.
2. Apply electrotherapy treatments safely and effectively, adapting them to the client's specific skin conditions, needs, and preferences.	2.1. Conduct thorough skin assessments before recommending electrotherapy. 2.2. Adjust treatment parameters based on skin sensitivity, hydration levels, and medical history. 2.3. Use appropriate conductive mediums, such as gels or serums, to enhance treatment efficacy. 2.4. Monitor client responses during sessions and modify intensity as needed. 2.5. Provide alternative treatment options for clients with contraindications.
3. Ensure all electrotherapy devices are used in compliance with safety standards and industry regulations, minimizing risk to clients.	3.1. Follow hygiene and sterilization protocols to prevent cross-contamination. 3.2. Conduct regular maintenance and testing of electrotherapy equipment. 3.3. Adhere to manufacturer guidelines and regulatory requirements for safe operation. 3.4. Implement emergency procedures in case of adverse reactions or device malfunctions. 3.5. Keep accurate records of treatments to ensure regulatory compliance.
4. Monitor and adjust treatment parameters to achieve optimal results while maintaining client comfort and safety.	4.1. Continuously assess skin reactions during treatments and adjust intensity accordingly. 4.2. Communicate with clients throughout the session to ensure a comfortable experience.

	<ul style="list-style-type: none"><li>4.3. Use gradual progression in intensity to avoid overstimulation of the skin.</li><li>4.4. Evaluate post-treatment skin responses to determine future treatment plans.</li><li>4.5. Educate clients on potential sensations and reassure them about expected outcomes.</li></ul>
<b>5. Educate clients on the benefits, expected outcomes, and aftercare required for electrotherapy treatments.</b>	<ul style="list-style-type: none"><li>5.1. Explain the science behind each electrotherapy technique in simple terms.</li><li>5.2. Provide realistic expectations regarding results and treatment frequency.</li><li>5.3. Recommend suitable aftercare products to prolong treatment benefits.</li><li>5.4. Advise on post-treatment precautions, such as sun protection and hydration.</li><li>5.5. Offer guidance on maintaining skin health between sessions for long-term improvement.</li></ul>



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